



## MYRDGUIDE REVIEW GROUP

MAY 26<sup>TH</sup> - JUNE 2<sup>ND</sup>

**LIVE REVIEW SESSIONS:** Each session is an hour long. Pre-recorded lectures are available for all the sessions via your MyRDguide Teachable Course.

**Live sessions** on Tuesdays and Thursdays at 7:30 pm EST  
(4:30 pm PST, 5:30 pm MST, 6:30 pm CST)

### Domain I

Self-study	01 - Health Promotion, Education, and Counseling
05/26/26	02 - Statistics and Research
05/28/26	03 - Absorption/Excretion of Nutrients, Glycolysis, and TCA
Self-Study	04 - Vitamins, Minerals, and Other Essential Nutrients
06/02/26	05 - Energy, Water, and Acid-Base Balance
06/04/26	06 - Nutrition Patterns Throughout Life, Types of Anemia

### Domain II

Self-study	07 - Entitlement vs. Non-Entitlement Programs, Surveillance Systems, and Guidelines
Self-study	08 - Nutrition Screening, Biochemical Assessment, and Meds
06/09/26	09 - Medical Nutrition Therapy - Part 1
06/11/26	10 - Medical Nutrition Therapy - Part 2
06/16/26	11 - Medical Nutrition Therapy - Part 3
06/18/26	12 - Enteral and Parenteral Nutrition Support

### Domain III

06/23/26	13 - Functions of Management
Self-study	14 - Human Resources and Accounting
Self-study	15 - Marketing and Quality Control
06/25/26	16 - Domain III Extensive Math Review

### Domain IV

Self-Study	17 - Food Science, Sanitation and Safety
06/30/26	18 - Menu Development, Procurement, and Food Quality
Self-Study	19 - Production System, Equipment, and Facility Planning
07/02/26	20 - Domain IV Extensive Math Review



## MYRDGUIDE REVIEW GROUP

AUGUST 25<sup>TH</sup> - OCTOBER 1<sup>ST</sup>

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### Domain I

<b>Self-study</b>	01 - Health Promotion, Education, and Counseling
<b>08/25/26</b>	02 - Statistics and Research
<b>08/27/26</b>	03 - Absorption/Excretion of Nutrients, Glycolysis, and TCA
<b>Self-Study</b>	04 - Vitamins, Minerals, and Other Essential Nutrients
<b>09/01/26</b>	05 - Energy, Water, and Acid-Base Balance
<b>09/03/26</b>	06 - Nutrition Patterns Throughout Life, Types of Anemia

### Domain II

<b>Self-study</b>	07 - Entitlement vs. Non-Entitlement Programs, Surveillance Systems, and Guidelines
<b>Self-study</b>	08 - Nutrition Screening, Biochemical Assessment, and Meds
<b>09/08/26</b>	09 - Medical Nutrition Therapy - Part 1
<b>09/10/26</b>	10 - Medical Nutrition Therapy - Part 2
<b>09/15/26</b>	11 - Medical Nutrition Therapy - Part 3
<b>09/17/26</b>	12 - Enteral and Parenteral Nutrition Support

### Domain III

<b>09/22/26</b>	13 - Functions of Management
<b>Self-study</b>	14 - Human Resources and Accounting
<b>Self-study</b>	15 - Marketing and Quality Control
<b>09/24/26</b>	16 - Domain III Extensive Math Review

### Domain IV

<b>Self-Study</b>	17 - Food Science, Sanitation and Safety
<b>09/29/26</b>	18 - Menu Development, Procurement, and Food Quality
<b>Self-Study</b>	19 - Production System, Equipment, and Facility Planning
<b>10/01/26</b>	20 - Domain IV Extensive Math Review